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00:00:00,000 --> 00:00:07,233

This video will show you how to add additional profiles to your SuperTracker account and manage your profiles.

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00:00:07,233 --> 00:00:12,699

You can add profiles for your family members and friends, so you can track foods and activities together.

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00:00:12,700 --> 00:00:17,566

Let's start on the homepage. Click the Log In button at the top of the page.

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00:00:17,566 --> 00:00:26,166

Once you are on the Log In page, enter your username and password and click Log In.

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00:00:26,166 --> 00:00:32,266

Once you're logged in, you can add another profile using the Add Profile link at the top of the page.

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00:00:32,266 --> 00:00:37,799

You must have one personalized profile before you can begin adding others.

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00:00:37,800 --> 00:00:42,733

Enter a profile a name. This is a display name, not a legal name.

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00:00:42,733 --> 00:00:46,133

Then enter the age, gender, and physical activity level.

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00:00:46,133 --> 00:00:48,066

You can also include height and weight.

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00:00:48,066 --> 00:00:54,999

While not required, providing this information will get this profile a more personalized plan and access to more features.

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00:00:55,000 --> 00:00:57,833

When you are all done click submit.

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00:00:57,833 --> 00:01:02,633

A personalized plan for the profile you just added will open in a new window.

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00:01:02,633 --> 00:01:08,666

If you want to make changes to any of your profiles, use the Manage Profile link at the top of the page.

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00:01:08,666 --> 00:01:12,799

Click the Edit Profile button next to the profile you want to update.

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00:01:12,800 --> 00:01:15,066

You can change any of the personalization information.

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00:01:15,066 --> 00:01:18,799

For example, if you just had a birthday and need to update your age.

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00:01:18,800 --> 00:01:24,733

You can also change some of your registration information on this page, but not your username or password.

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00:01:24,733 --> 00:01:29,133

You can change your password using the Reset your Password link on the login page.

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00:01:29,133 --> 00:01:32,466

When you're done updating the profile, click save changes.

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00:01:32,466 --> 00:01:35,132

You can also delete a profile if you want to.

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00:01:35,133 --> 00:01:40,133

From the Manage Profile page, click the Edit button next to the profile you want to delete.

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00:01:40,133 --> 00:01:43,733

And on the Edit Profile page, click the Delete Profile button.

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00:01:43,733 --> 00:01:49,866

You need to confirm before the profile is deleted since you will permanently delete all records of this profile.

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00:01:49,866 --> 00:01:52,399

You can also delete your entire account.

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00:01:52,400 --> 00:02:00,066

But if you do this, your whole account will be permanently deleted, and you will no longer be able to login or access any of your saved data.

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00:02:00,066 --> 00:02:03,666

Use the Delete Entire Account button on the Manage Profile page.

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00:02:03,666 --> 00:02:09,199

Click OK on the confirmation message if you want to delete your entire account.

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00:02:09,200 --> 00:02:15,866

You will be redirected to the homepage, and your username and password will no longer work.